



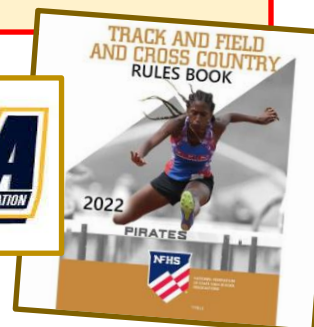
- Paperwork Needed: Scoring Sheets/Lap Counting Sheets/Pole Vault Coaches Signature Page/Etc. (find them at <https://shoretrackofficials.com/forms.html>)
- Clipboard
- Clear Plastic Bag(s) (for clip board in case of inclement weather)
- Sun block/Sun Protection/Chapstick
- Insect Repellent
- Water & Food (for long meets)
- Tape (Athletic, painters, duct tape) for temporary markings and miscellaneous needs.
- Binder Clips & Paper Clips
- Chalk (Multiple uses)
- Scissors (you never know)
- Tissues (kids always ask for them)
- Hand Sanitizer (germs/sweat/tears, etc.)
- Chair (invitations are long)

DUAL & TRI MEET NOTES: Unless you are the starter/referee, you will not know what event you're working until you arrive at the meet. So, for dual meets you will need additional equipment:

- Metal Measuring tape (for HJ)
- 150'-250' Measuring Tape (for Shot, Discus, Javelin, LJ, TJ)
- Measuring Stake (for measuring horizontal jumps & throws)

ALWAYS BE READY FOR ANYTHING!

Occasionally assignments are changed at the meet so always be prepared to work at ANY event.



Referee

- Meet information for the day from the games committee/meet director: order of events, preferred lanes, heat and lane information, opening heights, minimum distances, number of flights, etc.
- List of the officials assigned to the meet.
- Sign In/Out Sheets for Officials



Starter

- Order of Events
- Gun w/holster and belt
- Bell
- Shells (more than you think you'll need)
- Personal Mic/Amp – not necessary, but makes it easier for athletes to hear you, and prevents you from screaming all day
- Ear plugs and/or noise canceling head phones
- Gun oil and/or cleaner
- Rag
- Back Up Gun (if you have it)

Line Clerk

- Order of Events
- Personal Mic/Amp
- Case, bag, or other container to hold extra numbers.

Table Clerk

- Order of Events
- Multiple Highlighters (for checking in)
- Multiple Pencils (for scratching)
- Clipboards (1 per event per gender) and/or painter's tape – the sheets won't stay taped to damp/wet tables. Clipboards are better outdoors. Painter's tape is sufficient indoors.
- Bungee Cords – to keep the clipboards from blowing away on rainy days.
- Rubber Bands – to keep the papers from blowing off the clipboards.
- Personal Mic/Amp – Not necessary, but makes it easier for athletes to hear you.



Timer/Finish Line

- Order of Events
- Lap Counting Sheets
- 2 Stopwatches (In case one fails)

Umpire

- Order of Events
- Cones (for alleys/break lines-usually provided by meet/school)
- White/Yellow Flag
- Small Notebook



Pole Vault

- Pole Vault Verification/Registration Form
- PV Scoring Sheets
- 100' Tape Measure (for the runway/athletes' steps)
- Metal Tape Measure
- Extension Pole (For replacing the crossbar at higher heights)
- Pliers & WD-40



High Jump

- HJ Scoring Sheets
- Metal Tape Measure
- Pliers & WD-40
- Stool (if needed to reach higher bar heights)

Long Jump

- LJ Scoring Sheets (in case cards are not used)
- Rake (usually provided by school)
- Cones (runway/board markers)
- 100' Tape Measure (for the runway/athletes' steps)
- Measuring Stake (for marking the jumps)

Triple Jump

- TJ Scoring Sheets (in case cards are not used)
- Rake (usually provided by school)
- Cones (runway/board markers)
- 100' Tape Measure (for the runway/steps)
- Measuring Stake (for marking the jumps)



Shot Put

- SP Scoring Sheets (In case cards are not used)
- 100' Tape Measure
- Measuring Stake
- Digital scale (for large meets-if not provided by meet management)



Discus

- Discus Scoring Sheets (In case cards are not used)
- 200' Tape Measure
- Measuring Stake
- Digital scale (for large meets-if not provided by meet management)

Javelin

- Javelin Scoring Sheets (In case cards are not used)
- 200' Tape Measure
- Measuring Stake
- White Spray Paint



"The Prepared Official"



Our association wants to encourage its members to be knowledgeable, professional, capable and prepared for the competitions we oversee. Please use this reference as a guide on how to be properly equipped to work meets.

GENERAL REQUIREMENTS:

(Needed for each official at every meet)

- **PROPER UNIFORM:** Navy pants/shorts, black shoes, NJSIAA uniform shirt, AND hat/visor (red hat/visor = referee, clerk, starter, head field official; blue hat/visor = everyone else)
- **A GOOD ATTITUDE!**
- Bag/Backpack/Rolling Case: to carry all of your equipment
- Apparel Appropriate for the Weather – raingear/warm clothes when needed
- Current years NFHS Track & Field Rule Book (Review rules prior to a meet)
- Case Book (If you have one)
- **Stopwatch!!** – Not your cell phone (Needed at ALMOST every position)
- Whistle
- Pens/Pencils
- Highlighter(s)
- Sharpie/Permanent Marker(s)



Continued...